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Voice Disorders: Reflection #12

Build Content Assessments Tools Partner Content



Video for Reflection #12: Early Signs of Vocal Injury

Please watch this video and then respond to the reflection questions under the assignment tab that follows.



Reflection #12: Early Signs of Vocal Injury

After watching the video about vocal damage in performers, please respond to the following questions, no later than **Wednesday, April 15 at 1:00 p.m.:**

1. What is the purpose of vocal fold swelling checks?
2. What did Dr. Bastian mean by the phrase, "the voice's clothing," and how does it relate to vocal injury?
3. What did Dr. Bastian say about "vocal overdoers"?
4. Why do swelling checks use very high pitch and very soft volume?
5. What is the "initial mucosal ceiling," and why is it important?
6. How often should swelling checks be performed?
7. Why is it important to do the swelling checks the same way every time?
8. What should a person do if a swelling check reveals that their mucosal ceiling has become significantly lower?
9. What should a person do if their mucosal ceiling remains lower, in spite of taking the action(s) indicated in question #8?
10. Describe one of Dr. Bastian's suggestions for backing off use of the voice: