

Katie Sutrina-Haney

From: Communications and Marketing
Sent: Tuesday, December 22, 2015 8:35 AM
To: Employee Distribution List; isu-community-L@listserv.indstate.edu
Subject: ISU Today: Special hours in Student Recreation Center pool

Having trouble seeing the message? Go [here](#) to view.



ISU Today
Tuesday, December 22, 2015

Announcements

[Special hours in Student Recreation Center pool](#)

Due to the upcoming break and the annual shocking of the pool, the pool is open until 3 p.m. Dec. 22.

[Student Media launches new WISU website](#)

WISU, 89.7 FM, has launched a new website at wisufm.org.

[Mindful-eating expert on "All Things Wabash Valley" on WISU](#)

The show airs at 8 p.m. Wednesday on 89.7 FM.

Newsroom

[Learn how to be a rock star with Terre Haute Guitar Club](#)

Children of all ages and experiences are invited to join Community School of the Arts' Terre Haute Guitar Club, with scholarships available for deserving youngsters.

['The Joy of Half a Cookie' teaches mindful eating](#)

A new book by Jean Kristeller, professor emerita of psychology and a noted researcher of mindful eating, may help people struggling to lose weight.

[Indiana State alumnus named Outstanding Secondary Level Business Teacher of the Year](#)

The award is one of many accolades Jen Schultz, '98, has received for her contributions to the education of Hoosier students. In 2014, she was named Teacher of the Year at Ben Davis, where she has been a teacher in the business department since 2002.

[Alumni Profile: Nancy Sorenson, '90](#)

After graduating from Terre Haute North in '75, Sorenson had a long list of reasons why she wanted to be a Sycamore, including being offered one of the first undergraduate scholarships in clinical psychology.

Upcoming Events

[Pregame Event - Men's Basketball](#)

Tuesday, December 22, 2015 - 5:00pm

[Men's Basketball vs. Ball State](#)

Tuesday, December 22, 2015 - 7:00pm

[Winter Recess \(University closed\)](#)

Thursday, December 24, 2015 All day

[Winter Recess \(University closed\)](#)

Friday, December 25, 2015 All day

[Winter Recess \(University closed\)](#)

Monday, December 28, 2015 All day

[Winter Recess \(University closed\)](#)

Tuesday, December 29, 2015 All day

[Winter Recess \(University closed\)](#)

Wednesday, December 30, 2015 All day

[Men's Basketball at Evansville](#)

Wednesday, December 30, 2015 - 8:00pm

[Winter Recess \(University closed\)](#)

Thursday, December 31, 2015 All day

[Winter Recess \(University closed\)](#)

Friday, January 1, 2016 All day

[Men's Basketball vs. Loyola](#)

Saturday, January 2, 2016 - 4:00pm

[View Calendar >>](#)

Photo of the Day



[Madrigal Feaste](#)

The Office of Communications and Marketing produces **ISU Today**, the daily electronic newsletter for Indiana State University. **ISU Today** is provided to all faculty and staff via e-mail. Students and friends of the university may subscribe to **ISU Today**. [Submission and subscription information »](#)

How do I find previous ISU Today postings?

To find items which have been previously posted in ISU Today, search through the [ISU News Search](#).