

**From:** University Marketing  
**Sent:** Wednesday, December 19, 2018 8:32 AM  
**To:** Employee Distribution List; isu-community-L@listserv.indstate.edu  
**Subject:** ISU Today: Wellness programs in the new year



Wednesday December 19, 2018

### TODAY'S ANNOUNCEMENTS



#### [Wellness programs in the new year](#)

Employee Wellness wants to help you improve your health in the new year. Programs include Freshstart Smoking Cessation, Lighten Up Blue, Walking Wednesdays, Employee Open Houses at the Student Recreation Center and The Daily Mile challenge.

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#### [Institutional Review Board closes for winter break](#)

The Indiana State University Institutional Review Board (IRB) will be closed during the university's winter break from Dec. 22-Jan. 1, 2019. Human subjects research submission reviews will resume when the university opens on Jan. 2, 2019.

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#### [New Rose-Hulman president on "All Things Wabash Valley"](#)

Robert Coons, the newly named president of Rose-Hulman Institute of Technology, will be a guest on tonight's "All Things Wabash Valley." The show airs at 8 p.m. on WISU, 89.7 FM.

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### UPCOMING EVENTS

Fri Dec 21	<a href="#"><u>Women's Basketball at Eastern Illinois</u></a> 7:00PM
Sat Dec 22	<a href="#"><u>Winter Recess; University Closed</u></a> All Day
Sat Dec 22	<a href="#"><u>Men's Basketball vs. Colorado</u></a> 3:00PM
Sun Dec 23	<a href="#"><u>Men's Basketball at UNLV or Hawaii</u></a> All Day
Tue Dec 25	<a href="#"><u>Men's Basketball at Hawaiian Airlines</u></a> <a href="#"><u>Diamondhead Classic</u></a> All Day

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## NEWSROOM

### [Nearly 600 Sycamores participate in winter commencement](#)

There were 867 students who applied to graduate, including 412 undergraduates and 172 graduate students who signed up to participate in the commencement ceremony at Hulman Center on Dec. 15.

### [Business, health programs to better align with industry needs](#)

The Board of Trustees approved the creation and revision of a business analytics minor and three health programs.

### [Indiana State provides \\$1M in free athletic training services](#)

In the past nine years, Sycamores have provided more than \$1 million in free athletic training services at at the Wabash Valley Health Center in Terre Haute.

**Vice provost selected to lead enrollment management**

Jason Trainer comes to Indiana State with more than a decade of experience leading enrollment management initiatives. His approach is collaborative, data-informed and focused on student success.

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