

**From:** University Communication  
**Sent:** Wednesday, September 2, 2020 12:40 PM  
**Subject:** ISU Today: Alumnus encourages Sycamores to get involved



## Wednesday, September 2, 2020

Produced by University Communication | [@IndStateU\\_News](#)

### SYCAMORES STAYING SAFE

-  COMPLETE THE SYCAMORE SYMPTOM ASSESSMENT
-  WEAR A FACE COVERING
-  WASH HANDS FREQUENTLY
-  MAINTAIN SOCIAL DISTANCE
-  DISINFECT SURFACES
-  STAY HOME WHEN ILL

### Advice to students from Alumnus Gregory Nunley, Jr.



## COVID-19: Quarantine vs. Isolation

**QUARANTINE** keeps someone who was in close contact with someone who has COVID-19 away from others.



If you had close contact with a person who has COVID-19



- Stay home until 14 days after your last contact.



- Check your temperature twice a day and watch for symptoms of COVID-19.



- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.



CS17422-A 7/20/2020 7AM

**ISOLATION** keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.



If you are sick and think or know you have COVID-19



- Stay home until after
  - At least 10 days since symptoms first appeared **and**
  - At least 24 hours with no fever without fever-reducing medication **and**
  - Symptoms have improved



If you tested positive for COVID-19 but do not have symptoms



- Stay home until after
  - 10 days have passed since your positive test



If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

## FACULTY/STAFF ANNOUNCEMENTS

### [Open Session for Staff with HLC Reviewers](#)

### [Invitation to Apply for the Third Cohort of the Master Teacher Program](#)

## Upcoming Events

### SEPTEMBER 2, 2020

6:15 A.M.

RealRyder [MORE](#)

11:00 A.M.

Pop Into Panhellenic [MORE](#)

11:00 A.M.

Breakout Rooms and Q&A for Using Zoom [MORE](#)

12:00 P.M.

Bootcamp (virtual and in person) [MORE](#)

5:15 P.M.

Yoga [MORE](#)

### SEPTEMBER 3, 2020

6:15 A.M.

RealRyder [MORE](#)

11:00 A.M.

Pop Into Panhellenic [MORE](#)

11:00 A.M.

Open Education Resources Textbook Affordability for Faculty [MORE](#)

5:15 P.M.

Power Pump [MORE](#)

7:00 P.M.

Panhellenic 101 [MORE](#)

### SEPTEMBER 4, 2020

1:00 P.M.

Haneefah Khaaliq: U.S. Senate Candidate '22 Town Hall In-Person and/or Virtual Event [MORE](#)

### SEPTEMBER 5, 2020

2:00 P.M.

Student Recital Series: Tyler Blaisdell, Senior Recital, Percussion [MORE](#)

7:30 P.M.

Student Recital Series: John Washam, Junior Recital, Voice [MORE](#)

### SEPTEMBER 7, 2020

ALL DAY

Labor Day; University Closed (No Day or Evening Classes)

ALL DAY

Three Week Attendance Reporting; Deadline is 4 p.m. on Friday, September 11

### SEPTEMBER 8, 2020

7:00 P.M.

Panhellenic 101 [MORE](#)

[For More Events](#)

# SYCAMORE SYMPTOM ASSESSMENT



**STUDENTS, FACULTY & STAFF**

Click here to complete the survey  
before coming to campus or  
interacting with others!

# WE ARE #SYCAMORESTRONG

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