

From: University Communication
Sent: Thursday, September 10, 2020 12:27 PM
Subject: ISU Today: Performing Arts Series update



Thursday, September 10, 2020

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SYCAMORES STAYING SAFE

- COMPLETE THE SYCAMORE SYMPTOM ASSESSMENT
- WEAR A FACE COVERING
- WASH HANDS FREQUENTLY
- MAINTAIN SOCIAL DISTANCE
- DISINFECT SURFACES
- STAY HOME WHEN ILL

Upcoming Events

SEPTEMBER 10, 2020

6:15 A.M.

RealRyder

8:00 A.M.

Online JCPenney Suit-Up Event 9/10-9/12: students, faculty, staff, and alumni receive extra 30% off [MORE](#)

12:00 P.M.

FREE Professional Photos (students, faculty, staff) [MORE](#)

12:00 P.M.

Suicide Awareness Month Table Event [MORE](#)

12:00 P.M.

Commuter Challenge [MORE](#)

3:00 P.M.

Altered Books Group [MORE](#)

SYCAMORE SYMPTOM ASSESSMENT



STUDENTS, FACULTY & STAFF

Click here to complete the survey
before coming to campus or
interacting with others!

CAMPUS ANNOUNCEMENTS

[2020-2021 ISU Medallion Award
Nominations](#)

[Suicide Awareness Month Table Event](#)

[Performing Arts Series Update](#)

[Update Your Address and Cell Phone
Number](#)

[Celebrate Constitution Day](#)

4:00 P.M.

Artist Zoom Talk with Current Exhibiting
Artist, Michelle Burdine [MORE](#)

5:15 P.M.

Power Pump [MORE](#)

6:00 P.M.

Crochet for Beginners: Online
Course [MORE](#)

7:30 P.M.

Faculty Artist Series: ISU Faculty
Gala [MORE](#)

SEPTEMBER 11, 2020

8:00 A.M.

Online JCPenney Suit-Up Event 9/10-9/12:
students, faculty, staff, and alumni receive
extra 30% off [MORE](#)

10:00 A.M.

Breakout Room Q&A [MORE](#)

2:00 P.M.

Navigating Change [MORE](#)

SEPTEMBER 12, 2020

8:00 A.M.

Online JCPenney Suit-Up Event 9/10-9/12:
students, faculty, staff, and alumni receive
extra 30% off [MORE](#)

9:15 A.M.

Power Pump [MORE](#)

SEPTEMBER 14, 2020

6:15 A.M.

RealRyder [MORE](#)

10:00 A.M.

African American, Black American, and
Black Students Chat Box [MORE](#)

12:00 P.M.

Sustainability Lunch 'n Learn [MORE](#)

3:00 P.M.

Body Balance [MORE](#)

3:30 P.M.

Open Session for Faculty for University
HLC Reaffirmation [MORE](#)

4:00 P.M.

The LatinX Chat Box [MORE](#)

4:00 P.M.

Oil Painting for Beginners: Online
Course [MORE](#)

5:15 P.M.

Barre Fit [MORE](#)

5:30 P.M.


Radical Self-Care - MIND - Who are We: A
Look at the Past [MORE](#)

[Online Creative Writing Course!](#)

[Volunteers Needed for Food Distribution](#)

COVID-19: Quarantine vs. Isolation


QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.



If you had close contact with a person who has COVID-19

- Stay home until 14 days after your last contact.
- Check your temperature twice a day and watch for symptoms of COVID-19.
- If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.




If you are sick and think or know you have COVID-19

- Stay home until after
 - At least 10 days since symptoms first appeared **and**
 - At least 24 hours with no fever without fever-reducing medication **and**
 - Symptoms have improved

If you tested positive for COVID-19 but do not have symptoms

- Stay home until after
 - 10 days have passed since your positive test

If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

STUDENT ANNOUNCEMENTS

[9/16 Virtual Career Fair: All Majors Jobs & Internships](#)

[9/16 Virtual Career Fair: Accounting & Finance Industries](#)

[9/16 Virtual Career Fair: Criminology & Criminal Justice Industries](#)

6:00 P.M.

Online Creative Writing Course [MORE](#)

7:00 P.M.

Virtual Yoga [MORE](#)

SEPTEMBER 15, 2020

6:15 A.M.

Power Pump [MORE](#)

4:00 P.M.

Sycamore Safe Zone Level 1 [MORE](#)

5:15 P.M.

Yoga [MORE](#)

6:30 P.M.

Zumba (offered virtually) [MORE](#)

SEPTEMBER 16, 2020

6:15 A.M.

RealRyder [MORE](#)

11:00 A.M.

Commuter Challenge [MORE](#)

12:00 P.M.

Bootcamp (offered virtually) [MORE](#)

12:00 P.M.

Stop and Serve [MORE](#)

12:00 P.M.

Virtual Career Fair—For Multiple Areas [MORE](#)

1:00 P.M.

Between the Lines [MORE](#)

4:00 P.M.

International Students Chat Box [MORE](#)

5:00 P.M.

LatinX 101: Adriana Rodriguez [MORE](#)

5:15 P.M.

Yoga [MORE](#)

[For More Events](#)

[9/16 Virtual Career Fair: Health & Social Services Industries](#)

[9/16 Virtual Career Fair: Technology & Engineering Industries](#)

[Students Helping Students Workshop: Communication with Professionals and Supervisors](#)

[Commuter Student Association](#)

[Commuter Challenge](#)

FACULTY/STAFF ANNOUNCEMENTS

[Breakout Room Q & A](#)

[Lighten Up Blue: employee weight loss support](#)

[Open Session for Staff with HLC Reviewers](#)

WE ARE
#SYCAMORESTRONG

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